



**youth
wellness
hubs**
ONTARIO

**carrefours
bien-être
pour les jeunes**
DE L'ONTARIO

MAY 2026

705-268-0400

HUB HEADQUARTERS: 45 SPRUCE ST S, TIMMINS, ON

SCHOOL YEAR HOURS MONDAY, TUESDAY AND THURSDAY: 10AM - 6PM WEDNESDAY: HUB HQ 12PM - 4PM / ROTATIONAL 4PM - 8PM FRIDAY: CLOSED SATURDAY: 12PM - 4PM

04 Monday

Coffee Social @ Ciao
Meet at Hub HQ
For ages 18-25
2:00 pm - 3:00 pm

Dinner and Drop-in
For ages 12-25
4:00 pm - 5:30 pm

05 Tuesday

**Rake Your Thoughts:
DIY Zen Garden**
For ages 18-25
1:00 pm - 3:00 pm

Cookies and Card Making
For ages 12-17
4:00 pm - 5:30 pm



06 Wednesday

@ Ross Beattie
For ages 12-25
4:30 pm - 7:30 pm

Open Gym
Board Games
Supper

**Bring indoor shoes and a water bottle*

07 Thursday

Cookies and Card Making
For ages 18-25
1:00 pm - 3:00 pm



Ramen and Anime Night
For ages 12-17
4:00 pm - 5:30 pm

09 Saturday

@ O'Gorman High School
For ages 12-25
12:00 pm - 4:00 pm

Board Games
Lunch
Open Gym

**Bring indoor shoes and a water bottle*

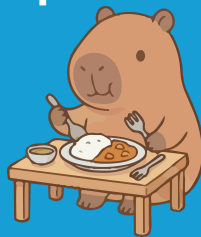
Hub Services & Supports

- Peer Support
 - Care Coordination
 - Hub Counsellor
 - Single Session Counselling
 - Housing Support
 - Educational Support
 - Community Supports
 - Homework Help
 - Primary Care: Sexual Health Clinic
 - Virtual appointments
- Always available!**

11 Monday

Art Space
For ages 18-25
1:00 pm - 3:00 pm

Dinner and Drop-in
For ages 12-25
4:00 pm - 5:30 pm



12 Tuesday

Self-guided Social
For ages 18-25
1:00 pm - 3:00 pm

**Shaking the Kaleidoscope
of the Mind**
For ages 12-17
4:00 pm - 5:30 pm

13 Wednesday

Bowling and Pizza!
For ages 12-17
4:00 pm - 6:00 pm

Meet @ Mid-Town Bowl!



14 Thursday

**Nintendo Switch
Sports Olympics & Pizza**
For ages 12-25
3:30 pm - 6:30 pm

16 Saturday

CLOSED
for Victoria Day Weekend



Free for all youth aged 12-25.
The TYWH is a safe and welcoming space for all youth.

Always available: snacks, bus tickets, hygiene supplies + more.



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ywhtimmins.ca



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18 Monday

CLOSED
for Victoria Day

19 Tuesday

NeuroSkills with SABIC
For ages 12-25
3:30 pm - 5:00 pm



20 Wednesday

@ O'Gorman Intermediate
For ages 12-25
4:30 pm - 7:30 pm

Open Gym
Board Games
Supper

*Bring indoor shoes and a water bottle

21 Thursday

2SLGBTQIA+ Social
For youth ages 18-25 who identify as part of the community
1:00 pm - 3:00 pm

2SLGBTQIA+ Social
For youth ages 12-17 who identify as part of the community
4:00 pm - 5:30 pm



Board Game Café
For ages 12-17
4:00 PM - 5:30 PM

23 Saturday

@ Hub HQ
For ages 12-17
12:00 pm - 4:00 pm
Open for Appointments

25 Monday

Magic the Gathering: Watchtower
For ages 18-25
1:00 pm - 3:00 pm



Drop-in Time and Dinner
For ages 12-25
4:00 pm - 5:30 pm

26 Tuesday

Support Session and Pizza
For ages 18-25
1:00 pm - 3:00 pm

Queer Youth Equity Café
For ages 12-17
4:00 pm - 5:30 pm

Board Games
For ages 12-17
4:00 pm - 5:30 pm

27 Wednesday

Movie Night and Pizza
For ages 12-25
3:30 pm - 5:30 pm



28 Thursday

Cooking Workshop with ACT
For ages 18-25
1:00 pm - 3:00 pm
Understanding Through Art: Tote Bag Painting with the Inspire Centre
For ages 12-17
3:30 pm - 5:00 pm

30 Saturday

@ Hub HQ
For ages 12-17
12:00 pm - 4:00 pm

Music Drop-in Lunch



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